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For centuries, the Catholic Church has practiced, perpetrated, and hidden sexual abuse by clergy; the past decades have finally brought these acts of violence into the spotlight.

The exposure of male victims garners the most attention, often overshadowing the numerous and recognized stories of women, young and old, who faced sexual abuse at the hands of the Church.

Due to statutes of limitations in many states, women abused years ago, too emotionally hamstrung or fearful of reprisals to go public at the time, may have lost their right to bring their abusers to justice in court. Thanks in large part to the #MeToo Movement, some states have recently implemented "revival windows," or extended statues of limitations, opening the possibility of civil and criminal redress. The current legal landscape for sexual predators has allowed a new reckoning for the Catholic Church.

Amy represents a mature woman who was abused by clergy decades ago. As time passed, her feelings of shame, humiliation, worthlessness, insecurity, and victimhood coalesced into anger. I have given her a physical weapon to express her fury; she can now break her silence.