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Alice Waters has contributed in an untraditional manner to one of women's most traditionally valued roles, by feeding people. As a chef, author, food advocate, activist and owner of Chez Panisse restaurant in Berkeley CA, she is a primary pillar of the farm-to-table movement.

An early advocate of the Slow Food Movement and sustainable community gardens, Waters has helped to transform the way America eats. She promotes organic gardening, healthier school lunches (she calls feeding children "a moral issue") and school gardens. She co-created the first Edible Schoolyard project in 1995 at a public middle school in Berkeley CA. Now nearly 6,000 school garden programs exist in the U.S.

Waters also convinced Michelle Obama to establish an organic garden on the White House lawn during President Obama's term in office. The White House Kitchen Garden flourishes today under the care of the National Parks Service and is maintained by a private funding stream, all arranged by the Obama Administration.